

A person in a dark hoodie and pants stands in profile on the left side of the frame, looking towards the horizon. The foreground is a field of tall, green grass. The background shows a line of trees under a sky with soft, orange and blue clouds, suggesting a sunset or sunrise.

# ADAPT

## YOUR CLIENTS' PATHWAY TO SUCCESS

WELLBEING  
CLIENT SUPPORT PROGRAM

# ARE YOUR CLIENTS...

Not achieving their goals?

Difficult to engage?

Struggling to make decisions?

Overwhelmed by financial or other stress?

At-risk to themselves or others?



# ADAPT

## A DETECT AND PROTECT

### TRAINING PROGRAM

Program assisting  
SMEs to deliver  
Wellness Support  
tailored to their clients  
& organisational needs



know the  
**SIGNS**

start the  
**CONVERSATION**

engage the  
**SUPPORT**

**DETECT**  
& **PROTECT**

# ADAPT

## WELLBEING SUPPORT PROVEN TO HELP

*"Allowed me to focus on my client's financial situation knowing they were in good hands working on their personal wellbeing."*

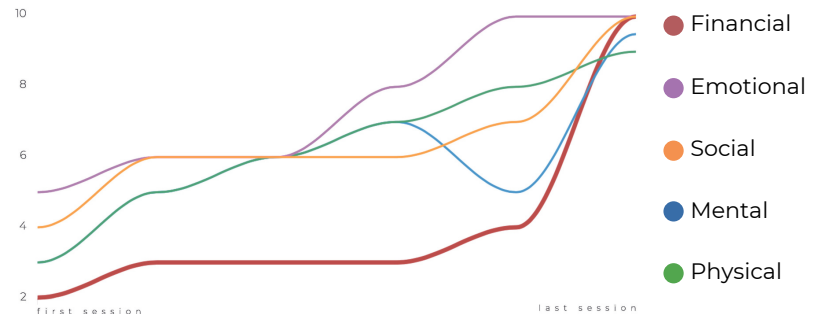
Marshall Scott, Rural Financial Counsellor  
RFCS Gippsland

### TRUE CLIENT RESULTS

Clients were given individually tailored strategies and tasks to address each aspect of their wellbeing.

Each session, clients rated their feelings.

The graph below details outcomes, representing typical results achieved by the program - overall improvement in all aspects of their lives.



# ADAPT



## WELLBEING SUPPORT TAILORED TO YOUR NEEDS

### CLIENT BENEFITS

- gain mental capacity to engage in achieving goals
- accountable support to improve wellbeing
- improved and informed decision making
- faster recovery from hardships
- reduced stress & tools for resilience

*"Supporting your clients' wellbeing improves their lives and enables your organisation to achieve its objectives."*

Christine Boucher,  
CEO - Wellness Worx

### SERVICE BENEFITS

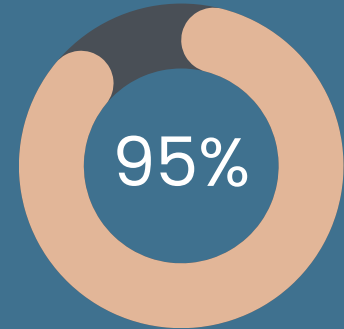
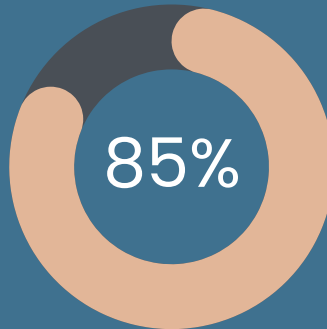
- achieve objectives more efficiently & effectively
- specialists can focus on applying their expertise
- supports your employees
- adds value to your service
- positive experiences & outcomes = referrals & funding

# Our Clients

Improved Overall  
Wellness



Implemented  
Sustainable Strategies



Satisfaction With  
Program

# ADAPT

## FRAMEWORK TO DELIVER CLIENT WELLNESS PROGRAM

Established model to support clients managing personal stressors, embedded with Detect & Protect principles for client care



**ONLINE  
PROGRAM**



**MENTORING  
& SUPPORT**



**PROCEDURES  
& TEMPLATES**

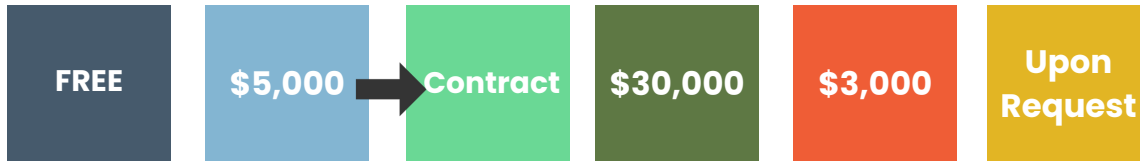


**SUPPORT  
NETWORK**



**RESOURCE  
LIBRARY**

# ADAPT METHOD



***A tailored proposal will be designed for your needs and budget***



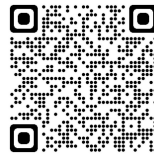
# ADAPT

client focused  
wellbeing support  
achieving positive  
change

*"As founders of the ADAPT program, we understand the importance of early detection of health and wellbeing issues to better protect our families, our colleagues and our community from more serious illness and harm."*

Program developed in collaboration with:

for more details



[click here or scan QR](#)

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